

TDR 2014 is in the books and the consistent racer feedback is that it was their hardest and most favorite Death Race to date.

Some quick stats and reflections ...

- Time - between 42 and 47 hours (Plus 6 hrs "grey time" Friday am)
- Distance - between 60 and 90 miles (60 if you stayed on course the whole time, extra mileage for wandering)
- # of Meetings with Bob - 3
- Average Weight of Stuffed Animals (who covered every inch of course) - 70+ pounds
- Total Weight of Wood Gathered - 550+ pounds
- Height of Tree Climb - approx 30 feet - every racer had to complete
- Total # Raw Eggs consumed - 72
- Total Time of PT with Full Egg in Mouth - 1,068 minutes (20 each of squats, 4 min plank, 50 pushups, 100 burpees)
- Total # of Eggs Spewed - 6
- Temperature in River - +/- 43F
- Avg Time/Team at "Stump Dump" PT - +/- 3 hours of insane challenge and hard work (Thank you Mark "Mastermind" Jones!)
- Avg Time for Final Task ("Yoked 10 Mile Run" from Top of Mountain to Turnaround up Lower Michigan Rd and back to Top of Mountain (carrying every single bit of kit, incl 60+ lb stuffed animal) in single file between 2 x 12' 2"x6" planks) - 6 hours.
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#### TEAMS WHO FINISHED TDR 2014

- **CHAMPIONS - NYARA**  
(*Chris, Bruce, Mike, Billy*)
- Team Awesome Death Race  
(Matthew, Carey, Brian, Stephen)
- 3 Poles and a (Non) Hole  
(Pete, Jonathon, Ben, Brian)
- WCFU  
(Matt, James, Louis, Grant)
- Plan C  
(Shane, Val, Matthew, Stephen)
- Canada  
(Sarah, James, Richard, Josh)
- Quebecois  
(Christian, Kevin, Guillaume, Georgiy)
- Ever  
(Brandon, Ella, Luke, Patrick)
- Sex Kittens  
(Keith, Eric, Steve, Xavier)

Quotes memorized and recited during race ...

- "It's only when we truly know and understand that we have a limited time on earth -- and that we have no way of knowing when our time is up -- that we will begin to live each day to the fullest, as if it was the only one we had."

Elisabeth Kubler-Ross
- "Your life feels different on you, once you greet death and understand your heart's position. You wear your life like a garment from the mission bundle sale ever after -- lightly because you realize you paid nothing for it, but cherishing it because you know you won't ever come by such a bargain again."

Louise Erdrich
- "Once you accept your own death, all of a sudden you're free to live. You no longer care about your reputation. You no longer care except so far as your life can be used tactically to promote a cause you believe in."

Saul Alinsky
- "When we finally know we are dying, and all other sentient beings are dying with us, we start to have a burning, almost heartbreaking sense of the fragility and preciousness of each moment and each being, and from this can grow a deep, clear, limitless compassion for all beings."

Sogyal Rinpoche
- "We say that the hour of death cannot be forecast, but when we say this we imagine that hour as placed in an obscure and distant future. It never occurs to us that it has any connection with the day already begun or that death could arrive this same afternoon, this afternoon which is so certain and which has every hour filled in advance."

Marcel Proust
- "Of all the wonders that I yet have heard,  
It seems to me most strange that men should fear,  
Seeing that death, a necessary end,  
Will come when it will come"

William Shakespeare (Julius Caesar)
- "Almost everything--all external expectations, all pride, all fear of embarrassment or failure--these things just fall away in the face of death, leaving only what is truly important. Remembering that you are going to die is the best way I know to avoid the trap of thinking you have something to lose. You are already naked. There is no reason not to follow your heart."

Steve Jobs
- "After your death you will be what you were before your birth."

Arthur Schopenhauer