

Town of Canmore Public Notice



Exploring Possibilities for the Old Daycare Site

The old daycare has been demolished. The Canmore community is invited to come to the Council Chambers of the Canmore Civic Centre on **Wednesday June 18th from 7:00 – 9:00 p.m.** to provide public input that will be used to create development scenarios for the old daycare lands. The session will have two parts:

1. an overview of the process and estimated timelines going forward; and
2. an opportunity for people to identify design elements like density, traffic flow, and green space that should be considered in the scenario development.

If you are unable to attend the meeting, we will be setting up alternative opportunities to provide input that will include an online questionnaire or comment sheets at the Civic Centre. These will be available beginning June 18th.

If you have any questions, please email them to planning@canmore.ca or call 403.678.1543.

Bow Valley Trail Area Re-zoning – Public Hearing



What is proposed to change?

The Bow Valley Trail Area Redevelopment Plan (BVT ARP) was adopted in January 2013. Bylaw 2014-07 creates new land use districts for the Bow Valley Trail area that are consistent with the BVT ARP.

How can I find out more?

A copy of proposed Bylaw 2014-07 is available for viewing between 8:30 a.m. and 4:30 p.m. Monday through Friday at the Town of Canmore Civic Centre at 902 – 7th Avenue.

How can I give feedback?

Come to the Public Hearing: Tuesday, June 24th, 2014, 6 p.m. at the Civic Centre
E-Mail Us: planning@canmore.ca
Phone Us: 403.678.1543
Mail Us: Civic Centre, 902 – 7th Avenue, Canmore, AB T1W 3K1

Omnibus Land Use Bylaw Amendment – Public Hearing



What are the proposed changes?

The Land Use Bylaw 22-2010 was adopted in January of 2012. This omnibus land use bylaw amendment (2014-04) contains small changes to the land use bylaw and is intended to clarify some inconsistencies or confusing sections and to better streamline processes.

How can I find out more?

A copy of proposed Bylaw 2014-04 is available for viewing between 8:30 am and 4:30 p.m. Monday through Friday at the Town of Canmore Civic Centre at 902 – 7th Avenue.

How can I give feedback?

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www.canmore.ca



Fight Club owner Nick Martin (L) mans the corner during a recent bout. **CRAIG DOUCE** RMO FILE PHOTO

Canmorite heading to death race

COLE CARRUTHERS CANMORE

Nick Martin of Canmore Fight Club will head to the East Coast for a huge helping of mental and physical abuse.

Martin will take part in the Spartan Summer Death Race, where he will face a variety of mental and physical endurance challenges. “It’s been held in Vermont every summer since 2005; basically it’s a 48-plus hour race – they don’t tell you what’s involved or how long it is or what you’ll be doing, you basically show up with enough food to last the weekend and off you go,” Martin said.

“What they recommend is being in the best shape you can and be mentally

prepared to take on anything,” Martin said. “The challenges are difficult, but it’s also the mental challenges that go along with the event. Two years ago, after a 36-hour race they made the participants take an SAT exam.

“You’re mentally broken down and then you have to tackle these mental challenges and still keep going – there isn’t a lot of heads up for how you should prepare and train for it – they say, ‘to just be ready for anything.’”

Organizers keep throwing challenges at participants to constantly keep the format challenging and stressful. “A few years ago they made participants hike to the top of a mountain and they gave them a verse they had to memorize and they had to hike back to the bottom of the mountain and recite it,” Martin said. “If you messed up at all you had to go back up the mountain and try again and keep doing it until you got it right.”

Martin added many of the people who organize the event are ex-military. “They know what they’re doin’ ... what they usually say is, ‘you’re either going to finish or quit.’”

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