

# Lake Powell Chronicle

Covering Page, Big Water, Greentown, LeChee and Glen Canyon National Recreation Area



[VOLUME 50 NUMBER 12]

**MARCH 19**  
2014

## Chairman resigns; Playhouse seeks 10 grand

By Jamie Brough  
*Lake Powell Chronicle*

The Page Substance Abuse Task Force met in the Page Public Library last Thursday, but was absent one key member. Board Chairman Gregg Martinez, who had previously submitted a letter to his fellow board members declaring his resignation, did not make an appearance.

The letter, dated March 4 and brief in length, declares, "I resign, primarily due to my obligations and growing work load at Page Regional Domestic Violence Services... I hope my time with the board has proven fruitful in our continual struggle against substance abuse."

Board member Bunny Cochran gave nod to Martinez's time with the Task Force as the meeting kicked off. "For the record, I would

See 10 GRAND page 3

## THEY'RE B-A-A-A-A-A-A-A-CK



Blake Tilker/Lake Powell Chronicle

It seems to have happened overnight. The tourists, along with hibernating reptiles, are awake and crawling all around to see what the winter of Page has prepared for them. Horseshoe Bend was packed with tourists during the March 15 sunset, as they scurried about trying to get the perfect shot to take home.



## SPORTS

Page High school softball team lost to the Winslow Bulldogs at the March 13 home game. Page High School Baseball sets the record for stolen bases in their division and skunked the Chinle Wildcats at the away March 11 game.

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## OPINION

Local business man Vernon Joe has a few questions for Page and suggests it's time for this town to start asking some questions, too.

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## HEALTH

March is brain injury awareness month and Senior Manager of Rehabilitation Services at Page Hospital Kai Scott offers some brain-boosting techniques to get the mind into shape - some of which are quite might surprise you.

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## Helicopter rescuers are guardians of the air

By Jamie Brough  
*Lake Powell Chronicle*

On March 19, Page will officially become the seventh and newest air base for Northern Arizona Healthcare's Guardian Air helicopter services.

Guardian Air's specialization in neo-natal care for infants less than 28 weeks of age and high-risk pregnancies will be unique to the Page area. Previously, their helicopters that were called to the northern most places of Arizona for such issues

were flown out of Flagstaff. The 45-minute trip was a growing cause of concern for those who needed special accommodations.

"Right now we come [to Page] about five to 10 times a month from the Flagstaff area. There are services that are currently not being provided such as high-risk maternal transports, neo-natal transports and the extremely sick pediatric patients. Those are our specialty areas," stated Guardian Air Program Director Wade Patten.

Local parents Josh and Teri-Lynn Klein experienced Guardian's services first-hand when two of their three children were born premature. When complications arose, both newborns were flown from the Page Hospital to the Flagstaff Medical Center's Neo-natal Intensive Care Unit.

Though they were born almost three years apart, the services provided to both infants were consistent, prompt, and life-saving, according to Teri-Lynn.

See GUARDIAN page 6

## Park Service ranger runs to Death

By Jamie Brough  
*Lake Powell Chronicle*

National Park Service ranger and Page resident Lou Fisher is training for an obstacle course-style race this June that some might just call a little bit crazy.

Where the average triathlete or marathon runner may know exactly what to expect during their race, Fisher and his fellow competitors could literally find themselves looking for a needle in a haystack.

The Death Race was established in 2005 in Vermont. The race operates on the philosophy of "Every man dies, but not every man lives," and puts athletes to an ultimate test of endurance, both mentally and physically. Of the hundreds of athletes that started the race last year, only 10 percent managed to finish.

"They don't let us know anything before we begin," said Fisher. "That's one of the big things about it. You go in and you don't know when it will even start or begin, what you'll be doing, or where you're going. They keep us completely in the dark."

The race designers are infamous for assigning outlandish and sometimes bizarre tasks and gear requirements. Last year, competitors were asked to bring along items such as a post-hole digger, \$50 worth of pennies, and a book on "advanced Greek translation." One task included the option of chopping and stacking wood for six hours straight in lieu of performing farm tasks.

See DEATH RACE page 6



Jamie Brough/Lake Powell Chronicle

Lou Fisher dominates the Rim Trail during one of his weekend training sessions. On average, Fisher trains 10 hours a week.

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